

Program Guide

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Top 10 conversations

- The 'common sense' guide to meditation
- Why do bad things happen to good people?
- If more to life than meets the eye, what earthly use am I?
- The hidden blessings of depression
- Who can you trust?
- The challenge of climate change
- When all else fails - the choice of suicide?
- Mr Nothing
- Who's afraid of Coronavirus?
- Discovering Stillness - the ConsciousTV Interview

Guide to meditation

- The 'common sense' guide to meditation 1
- The 'common sense' guide to meditation 2
- The 'common sense' guide to meditation 3 (the use of a mantra) ★



★ New releases

Silent meditations

- On the river bank ★
- On the boardwalk ★
- 20 minutes of silence by the river ★
- Overlooking Calton Pastures ★
- By the packhorse bridge ★
- 50 minutes of silence (in Bakewell)
- One hour of Love unspoken (in Portugal)

The outer turn - being attentive

- John signs his books ★
- John washes his hands ★
- John makes a cheese and tomato sandwich ★
- John makes a cup of tea ★

Reassuring words

- The answer to every question
- Without fear
- Staying safe
- Eye of the beholder
- Deserving peace

Retreat breakfast chats

- If you've nothing to say ... ★
- Stillness brings peace ★
- Coming to rest ★
- Guest questions ★

The missing Lanzarote tapes

- Lanzarote Tapes - One without a second ★

A Good Farmer

- BBC film: Three Acres at Bicker Fen (1975)★
- Taught by Farming
- In the toolshed with John Butler ★
- Return to Bicker - John Butler on the Cycle of Life

John reads his poems

- John reads Poem 8 from 'Do you pray for me'★
- John reads Poem 17 from 'Destined to Joy' ★
- John reads Poem 41 from 'Destined to Joy' ★
- John reads Poem 53 from 'Destined to Joy' ★
- John reads Poem 67 from 'Destined to Joy' ★



On love and abundance

- In love with Love ★
- Comforts on the way ★
- Abundantly provided

ASMR friendly

- ASMR chat with John Butler and friends ★
- ASMR friendly - John's invitation to ASMR listeners ★
- Where is heaven? (ASMR friendly edit) ★
- The truth of who you are (ASMR friendly edit) ★
- The Work of Enlightenment (ASMR friendly edit)★
- Follow your heart (ASMR friendly edit)★

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